

Immunizations are an important safeguard for your child's health



Stick to the schedule!

Next to safe drinking water, immunizations have been called the most important public health intervention in history. Immunizations have saved millions of lives from diseases that used to be a serious threat to children.

Following a regular vaccination schedule to immunize your child can protect them and others from these 13 diseases:

- Diphtheria
- Hepatitis A
- Hepatitis B
- Hib disease (Haemophilus influenza type b)
- Influenza (Flu)
- Measles
- Mumps
- Pertussis (Whooping Cough)
- Pneumococcal Disease
- Polio
- Rubella (German Measles)
- Tetanus (Lockjaw)
- Varicella (Chickenpox)

Inject new life into your family's wellness plan by visiting Blue Access® for Members and clicking on the Personal Health Manager icon. Keep track of your child's immunizations by using the *Family Management* feature and selecting *My Health Lists*.



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Source: Centers for Disease Control and Prevention

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