



Want to go down in history?



**BlueCross BlueShield
of Texas**

www.bcbstx.com

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

You can when you complete your Personal Health Record with the **Personal Health Manager** through Blue Access® for Members. Just log on and follow the prompts to provide information for your confidential health history in *My Health Record*. And you can record health information for family members, too.*

It'll be history in the making when you enter information about your appointments, health conditions and prescriptions, all in one easy place. You can even print out your Personal Health Record and take it with you to your next doctor's visit. Add more personalized information to your Personal Health Record with *Clinical Tools* and *My Charts* found under the **Personal Health Manager** menu tab.

With Personal Health Record at your fingertips, losing track of your health information is ancient history.

**Dependents under age 18 only.*