RICHARD H. MEYER

211 S. Ann Street, Suite 301 ~ Port Lavaca, Texas 77979 (361) 553-4600 ~ Fax (361) 553-4444 ~ Email: richard.meyer@calhouncotx.org

March 30, 2020

For Immediate Release

Calhoun County reports possible exposures to COVID-19

Calhoun County was notified today that an individual who resides outside of the county was positive for COVID-19, the disease caused by the new coronavirus, and had visited some areas in Calhoun County while infectious. The individual is not currently in Calhoun County.

The Texas Department of State Health Services is supporting Calhoun County in identifying any close contacts of the patient while sick, so they can be isolated and monitored for symptoms and quickly tested, if needed.

It is possible that individuals who visited the following location at the date and times listed may have been exposed:

 Tuesday, March 17th, 3pm-4:30pm: Village Grocery, TX-35 & Lamar St, Point Comfort, TX 77978

The risk of contracting the virus from this exposure is low and isolation is not required for anyone that does not have symptoms. If you believe you have been exposed, monitor yourself closely for symptoms such as fever, cough, sore throat, and shortness of breath for 14 days after the exposure which will be March 31, 2020. If you experience any of these symptoms and do not need urgent medical attention, isolate at home and contact your healthcare provider.

There are things everyone can do to help prevent the spread of COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then wash your hands.
- Clean and disinfect frequently touched objects and surfaces.

Minimizing exposure is especially important for people who are 65 or older or who have an underlying health condition like heart disease, lung disease, diabetes, high blood pressure or cancer. People in those groups have a higher risk of developing severe disease if they do get COVID-19, and the safest thing for them during an outbreak will be to stay home as much as possible and minimize close contact with other people. To get ready, they should talk to their doctor about getting additional prescription medications and have enough household items and groceries on hand to stay home as needed.

The public can find up-to-date coronavirus information at <u>dshs.texas.gov/coronavirus</u>. If you have questions about COVID-19, call 2-1-1.

Sincerely,

Richard H. Meyer Calhoun County Judge